



HOLY SPIRIT PARISH

244 Lawrence Street, New Westminster, BC. V3M 5L1

<https://holyspiritnewwest.ca>

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PHONE: 604-521-0334
PASTOR - Rev. Joaquim Dias



Twenty-Second Sunday in Ordinary Time, Year A, 3rd September 2023

'For you my soul is thirsting, O Lord my God'

Today's readings remind us that the path of love leads us away from ourselves. This is always painful, but ultimately it is a path that leads us to the fullness of life.

Peter's journey of faith (Gospel) earns him the severe disapproval of Jesus, who has started to speak openly of the shocking nature of his Messiahship. Peter rejects the idea: his thoughts are human rather than those of God. Jesus explains that being his disciple means being prepared to shoulder his cross: a metaphor for suffering for what we believe in.

Jeremiah (First Reading) gives remarkable insight into how costly his own prophetic mission is. He shares his profound struggles and suffering, as well as the intensity and depth of his relationship with God.

The Psalmist speaks passionately of our life-giving desire and thirst for God – and by implication, of the personal cost that following the Lord may involve.

In the Second Reading, Paul encourages the Romans to see all aspects of their lives as a living sacrifice. Paul is offering a radical, new teaching on the concept of sacrifice. Sacrifice is now to do with transforming our way of life from within, and modelling ourselves on the person of Christ.

This week, we pray for the grace to deepen our relationship with God. We ask for the human freedom to offer our whole being in loving service of Christ and the world.

MASS TIMES

Weekend Mass

Saturday 9 am & 5 pm
Sunday 9 am & 11 am

Weekday Mass

Monday, Wednesday
& Thursday - 9 am
Tuesday & Friday - 7 pm

Sacrament Of Confession

Saturday 9.30 am - 10am
4 pm - 4.30 pm
or by appointment

PARISH OFFICE HOURS

Tuesday To Friday

10:00am - 4.30pm
Lunch Break 12pm - 1pm

Saturday

10.00am - 12:00 noon

Office is closed on
Monday

stbeunosoutreach.wordpress.com



In his intention for September 2023, Pope Francis prays:

We pray for those persons living on the margins of society, in inhumane life conditions; may they not be overlooked by institutions and never considered of lesser importance.

Parish Ministries, Organization & Services

Altar Servers Ministry

Be The Light Ministry

Coordinator: Noli Pangilinan

Catechetical Ministry

PREP Winnie Bernardo

Catholic Women's League

President : Cecile Cartago

Knights Of Columbus

Felizardo Pagsanhan Jr.

Legion Of Mary

Fidel Carolino

Ministry Of Hospitality

Coordinator: Jose Cruz

Ministry Of Lectors

Coordinator: Armando Cordova

Music Ministry

Dr. Audrey Zylmans
Ana Marie Avendano
Noreen Nicolas

Project Advance Team

Art & Violet Tonido
Jun & Liezel Javier

Building Committee

Theo Vanden Hoven

Fund Raising Committee

Ruth & Jeric Alvarez

SACRAMENTAL LIFE OF THE PARISH

BAPTISM: Call the parish office to register for the Baptism Preparation Course. This is for parents and godparents. It is held every 1st Saturday of the month from 1pm to 3pm. Baptism is every 3rd Sunday of the month at 1pm

MARRIAGE: Arrangements are to be made through the pastor at least six months prior to your wedding date. A marriage preparation course is a requirement of the Archdiocese. Secure a spot at all Marriage Prep courses. Go to registration webpage: <http://rcav.org/m-prep/>

CONVALIDATION: If your marriage was not celebrated as a Sacrament and you wish your marriage to be recognized by the Church, then call the parish office to make an appointment to see **Fr. Jack**

ANointing OF THE SICK : Call the parish office to request a hospital visit or for communion to the sick at home.

FUNERALS: Please contact the office before making any arrangements with the Funeral Home.

MASS INTENTIONS: Did you know, Catholics can "offer" Mass?

We do so for multiple reasons such as thanksgiving, for another person/s such as a birthday, graduation or wedding anniversary or as is most common, for the repose(peace) of the soul of someone who has died. Mass Offering envelopes are available at the back of the Church

Parish & Archdiocesan Events

1. The Way of Beauty: Encountering Jesus in Scripture and the Arts

Location Online via Zoom - Next Event Date Thursday, Sep 07, 2023 10:00 AM

The Canadian Conference of Catholic Bishops (CCCB) Office invites leaders of catechesis and evangelization to The Way of Beauty, a webinar series that reflects on beauty and its powerful witness in the life of the Church.

The three sessions of The Way of Beauty webinar series are:

- Beauty and Catechesis**
Thursday, September 7, 10 a.m. Speaker: Dr. Jem Sullivan
- Beauty and Evangelization**
Thursday, September 14, 10 a.m. Speaker: Mr. David Dayler
- Beauty and Liturgy**
Thursday, September 21, 10 a.m. Speaker: Fr. Paul Massel

[Register for free](#)

2. Empowering Parishes, Igniting Missions - September 23, 2023

Upper Room is a conference that inspires and connects hundreds of Catholics in pursuit of transforming their parishes into missionary outposts.

By attending Upper Room 2023, you'll tap into a wealth of knowledge, resources, and inspiration. Gain the necessary tools and inspiration to propel your ministry forward, unlocking its full potential and making a lasting impact on your community.

Saturday 8 AM – 6 PM

Pacific Academy, 10238 168 St. Surrey, BC V4N 1Z4

[Register here](#)

3. Making Sense of Anxiety in Children and Youth \$25 - All are welcome

Location Online via Zoom Date and Time Thursday, Sep 21, 2023, Weekly until October 19, 2023 on Thursdays 7:30 PM - 9:00 PM [Register here](#)

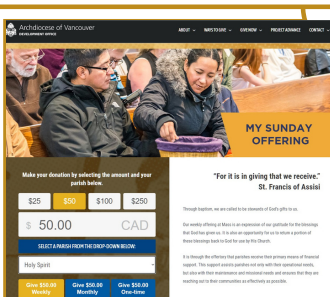
The escalating level of anxiety in our children begs for an explanation as well as a solution. Dr. Gordon Neufeld sheds light on this age-old problem, paving the way for natural interventions that can actually get to the root causes as opposed to just managing symptoms. Although the focus is on children, this enlightening material will benefit anyone suffering from anxiety.

As we enter into a new school year, the Archdiocese of Vancouver is pleased to once again be offering Making Sense of Anxiety in Children and Youth, a Dr. Neufeld video course with discussion facilitated by Kevin Bredeman, M.A.

Bequest Clause

The bequest can be added to your existing Will as codicil...

"I give and bequeath to the Roman Catholic Archdiocese of Vancouver, incorporated under a special Act of Legislative Assembly of British Columbia, and whose offices are located in Vancouver, British Columbia, for the benefit of **HOLY SPIRIT PARISH** 244 Lawrence St. New Westminster, BC V3M 5L1 the sum of \$_____ OR _____% of the estate, or the total of the residue of the estate."



You can make an online offering using your credit card or set up automatic weekly or monthly donations

Please visit our website:
holyspiritnewwest.ca



The Best Remedy for Anxiety

Most of the time **our anxiety stems from a fear** of something or someone in the future.

The next time it happens to you, try the **“Three Ps Remedy”**:

Prepare—Do what you can now. Simply ponder, What can I do in a proactive way that makes sense? Usually one or two things will occur to you. Do them and watch your anxiety begin to shrink.

Present—Live in the present moment, not in the imagined future. Living in the now can help smother the fire of fear.

Pray—Know that God is in of control of the future. God has the power and the love to do what we cannot do. Our Father’s love can and does shape the future. Pray and experience the peace that will replace the anxiety, because the God who loves you unconditionally is in control now and in the days ahead.

Lord, show me how to prepare, to live in the present moment, and to pray when fear begins to creep in. Amen.

—from the book -

Three Minutes with God: Reflections and Prayers
to Encourage, Inspire, and Motivate

by Monsignor Frank Bognanno



MASS INTENTIONS

Sep 1

Sep 2 Sat 9am Rosalie Embuscado+
5pm Jose Hortelano+

Sep 3 Sun 9am George Pinto+
11am

sep 4 Mon Henry+

Sep 5 Tue Tarcisio Zanotto+

**"May the souls of our faithful departed through the
mercy of God rest in peace, Amen"**

Saints for September

Saint Gregory the Great - Sep 3



Gregory was the prefect of Rome before he was 30. After five years in office he resigned, founded six monasteries on his Sicilian estate, and became a Benedictine monk in his own home at Rome.

Ordained a priest, Gregory became one of the pope’s seven deacons, and also served six years in the East as papal representative in Constantinople. He was recalled to become abbot, but at the age of 50 was elected pope by the clergy and people of Rome.

Gregory was direct and firm. He removed unworthy priests from office, forbade taking money for many services, emptied the papal treasury to ransom prisoners of the Lombards and to care for persecuted Jews and the victims of plague and famine. He was very concerned about the conversion of England, sending 40 monks from his own monastery. He is known for his reform of the liturgy, and for strengthening respect for doctrine. Whether he was largely responsible for the revision of “Gregorian” chant is disputed.

Gregory lived in a time of perpetual strife with invading Lombards and difficult relations with the East. When Rome itself was under attack, he interviewed the Lombard king.

His book, Pastoral Care, on the duties and qualities of a bishop, was read for centuries after his death. He described bishops mainly as physicians whose main duties were preaching and the enforcement of discipline. In his own down-to-earth preaching, Gregory was skilled at applying the daily Gospel to the needs of his listeners. Called “the Great,” Gregory has been given a place with Augustine, Ambrose, and Jerome, as one of the four key doctors of the Western Church.

An Anglican historian has written: “It is impossible to conceive what would have been the confusion, the lawlessness, the chaotic state of the Middle Ages without the medieval papacy; and of the medieval papacy, the real father is Gregory the Great.” <https://www.franciscanmedia.org/>

Mission

**Holy Spirit Parish is a
community demonstrating that
God is known and loved
through living and proclaiming
the Gospel of Jesus Christ
taught by the Roman Catholic
Church through Word,
sacrament and service with
certain hope that all who
repent and believe will have
eternal life**

Vision

1. We see a parish that is diverse, Spirit-filled and vibrant, joyously worshipping together.
2. We see a parish generously caring for each other with our time, treasure and talents.
3. We see a parish with relevant, active and well-led ministries that are mission-oriented.
4. We see a new parish hall built in the next 3-5 years that serves as a gathering space for parishioners to learn, connect, grow and celebrate our faith.





Place your AD's here for only \$150 for minimum 6 months or \$275 for 12 months
get a digital business card free (only 15 Slots available)

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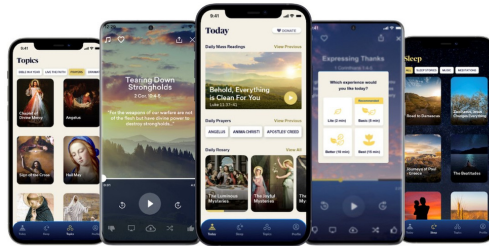


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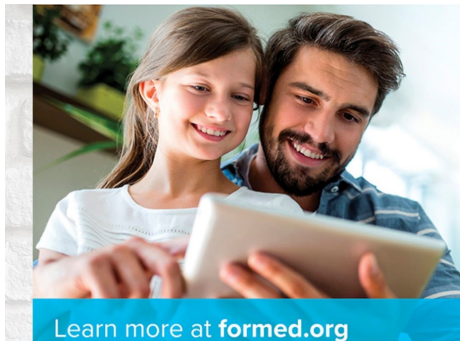


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