



HOLY SPIRIT PARISH

244 Lawrence Street, New Westminster, BC. V3M 5L1

<https://holyspiritnewwest.ca>

email: parish.hs@rcav.o

PHONE: 604-521-0334
PASTOR - REV. JOAQUIM DIAS



First Sunday of Lent, Year B, 18th February 2024

'The Good News of the Covenant'

We began our Lenten journey on Ash Wednesday. This first Sunday of Lent now leads us immediately into Jesus's own journey into the desert in prayer, fasting, and to face temptation.

The **First Reading** reminds us of the journey of God's chosen people. Here God establishes his Covenant with Noah and all his descendants, and with the whole of creation. Never again will God destroy the earth with a flood. He leaves a bow in the sky to confirm this.

St Peter (**Second Reading**) links the few people Noah saved 'by water' to ourselves. We are saved through the baptism that Christ won for us by his death and resurrection.

The **Gospel** gives a short account of Jesus being tempted in the desert. He emerges ready to proclaim his message: 'The kingdom of God is close at hand'.

The **Psalm** reflects the message of hope that is contained in all the readings. The Lord's ways are faithfulness and love. May we take heart from the scriptures as we begin our Lenten journey, ready to follow the Lord's ways, and eager to learn his paths.

stbeunosoutreach.wordpress.com

MASS TIMES

Weekend Mass

Saturday 9 am & 5 pm
Sunday 9 am & 11 am

Weekday Mass

Monday, Wednesday
& Thursday - 9 am
Tuesday & Friday - 7 pm

Sacrament Of Confession

Saturday 9.30 am - 10am
4 pm - 4.30 pm
or by appointment

PARISH OFFICE HOURS

Tuesday To Friday

10:00am - 4.30pm
Lunch Break 12pm - 1pm

Saturday

10.00am - 12:00 noon

Office is closed on
Monday



In his intention for February 2024, Pope Francis prays:
For the terminally ill
We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

Parish Ministries, Organization & Services

Altar Servers Ministry

Be The Light Ministry

Coordinator: Noli Pangilinan

Catechetical Ministry

PREP Winnie Bernardo

Catholic Women's League

President : Cecile Cartago

Knights Of Columbus

Robert Yang

Legion Of Mary

Fidel Carolino

Ministry Of Hospitality

Coordinator: Jose Cruz

Ministry Of Lectors

Coordinator: Armando Cordova

Music Ministry

Dr. Audrey Zylmans
Ana Marie Avendano
Noreen Nicolas

Project Advance Team

Art & Violet Tonido
Jun & Liezel Javier

Building Committee

Theo Vanden Hoven

Fund Raising Committee

Ruth & Jeric Alvarez

SACRAMENTAL LIFE OF THE PARISH

BAPTISM: Call the parish office to register for the Baptism Preparation Course. This is for parents and godparents. It is held every 1st Saturday of the month from 1pm to 3pm. Baptism is every 3rd Sunday of the month at 1pm

MARRIAGE: Arrangements are to be made through the pastor at least six months prior to your wedding date. A marriage preparation course is a requirement of the Archdiocese. Secure a spot at all Marriage Prep courses. Go to registration webpage: <http://rcav.org/m-prep/>

CONVALIDATION: If your marriage was not celebrated as a Sacrament and you wish your marriage to be recognized by the Church, then call the parish office to make an appointment to see **Fr. Jack**

ANointing OF THE SICK : Call the parish office to request a hospital visit or for communion to the sick at home.

FUNERALS: Please contact the office before making any arrangements with the Funeral Home.

MASS INTENTIONS: Did you know, Catholics can "offer" Mass?

We do so for multiple reasons such as thanksgiving, for another person/s such as a birthday, graduation or wedding anniversary or as is most common, for the repose(peace) of the soul of someone who has died. Mass Offering envelopes are available at the back of the Church

Parish Events

1. Knights of Columbus monthly meeting.

The Knights of Columbus will be holding their monthly meeting this Sunday, **18th February**, in the Parish Centre at 2:30pm.

2. Knights of Columbus, Pancake/Tapsilog Breakfast.

The monthly pancake/tapsilog breakfast will be held on **Sunday, 25th February**, in the Parish Centre after the 9:00am and 11:00am Masses. Bring your appetites.

3. Stations of the Cross.

Stations of the Cross will be held **every Friday in Lent at 6:30pm**, immediately before the Mass at 7:00pm.

4. 2024 Sunday Offering Envelopes

A reminder that there are still some Sunday Offering Envelopes that haven't been picked up yet. They are located next to the votive candle stand in the main entrance to the Church.

5. Volunteers.

All of the choirs are looking for new members. If you have an interest in singing they would love to hear from you. Talk to any of the members and they'll be more than happy to help you.

The Sunday collection counters need more helpers. If you are able to count, please talk to Rita Graham, John Neilson or Liezel Javier.

For information about, or to join any of the other Ministries, talk to Fr. Jack or the Ministry coordinator.

Archdiocesan Events

Grief: A Complicated Journey

[Register \(Free\)](#)

About this Event

Please join us for a talk about grief, with popular speaker and **registered psychologist Denis Boyd**.

Grief can be unpredictable. It comes and goes, sometimes in waves. It affects our sense of well-being and changes us forever. In this talk, Denis Boyd will discuss healthy and unhealthy grief, the reactions to grief, and the factors that influence grief. He will also provide some coping strategies and tools to help handle important anniversaries and post-holiday times.

Location

Our Lady of Lourdes, 828 Laval Square
Coquitlam, BC V3K 2E6

Date and Time

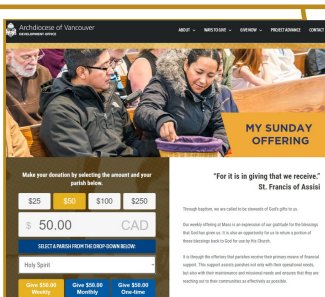
Saturday, Feb 24, 2:00 PM - 3:30 PM



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holyspiritnewwest.ca



The Divine Dance of Lent



The Divine Dance of Lent

Prayer as a spiritual practice never goes out of style. Not only on Ash Wednesday but throughout the entire year, prayer is a powerful way of participating in divine community.

By lifting our own broken pieces and those of others in prayer, we attest to—rather than run from—the vulnerable parts of our lives. Prayer connects us with each other and with God. This sacred unity connects our individual broken pieces with those of others, creating a beautiful new kind of wholeness.

God is ready to heal our woundedness, to make us more whole than ever before. Lent is our call to make room for the divine dance to work its sacred magic within us.

—from St. Anthony Messenger's *"Dust to Dust: An Ash Wednesday Reflection"*

by Mary Ann Steutermann

<https://www.franciscanmedia.org>

Mission

Holy Spirit Parish is a community demonstrating that God is known and loved through living and proclaiming the Gospel of Jesus Christ taught by the Roman Catholic Church through Word, sacrament and service with certain hope that all who repent and believe will have eternal life

Vision

1. We see a parish that is diverse, Spirit-filled and vibrant, joyously worshipping together.
2. We see a parish generously caring for each other with our time, treasure and talents.
3. We see a parish with relevant, active and well-led ministries that are mission-oriented.
4. We see a new parish hall built in the next 3-5 years that serves as a gathering space for parishioners to learn, connect, grow and celebrate our faith.

Saints for February

The Story of Our Lady of Lourdes



On December 8, 1854, Pope Pius IX proclaimed the dogma of the Immaculate Conception in the apostolic constitution *Ineffabilis Deus*. A little more than three years later, on February 11, 1858, a young lady appeared to Bernadette Soubirous. This began a series of visions. During the apparition on March 25, the lady identified herself with the words: "I am the Immaculate Conception."

Bernadette was a sickly child of poor parents. Their practice of the Catholic faith was scarcely more than lukewarm. Bernadette could pray the Our Father, the Hail Mary and the Creed. She also knew the prayer of the Miraculous Medal: "O Mary conceived without sin."

During interrogations Bernadette gave an account of what she saw. It was "something white in the shape of a girl." She used the word *aquero*, a dialect term meaning "this thing." It was "a pretty young girl with a rosary over her arm." Her white robe was encircled by a blue girdle. She wore a white veil. There was a yellow rose on each foot. A rosary was in her hand. Bernadette was also impressed by the fact that the lady did not use the informal form of address (*tu*), but the polite form (*vous*). The humble virgin appeared to a humble girl and treated her with dignity.

Through that humble girl, Mary revitalized and continues to revitalize the faith of millions of people. People began to flock to Lourdes from other parts of France and from all over the world. In 1862 Church authorities confirmed the authenticity of the apparitions and authorized the cult of Our Lady of Lourdes for the diocese. The Feast of Our Lady of Lourdes became worldwide in 1907.

Reflection

Lourdes has become a place of pilgrimage and healing, but even more of faith. Church authorities have recognized over 60 miraculous cures, although there have probably been many more.

To people of faith this is not surprising. It is a continuation of Jesus' healing miracles—now performed at the intercession of his mother. Some would say that the greater miracles are hidden. Many who visit Lourdes return home with renewed faith and a readiness to serve God in their needy brothers and sisters.

There still may be people who doubt the apparitions of Lourdes. Perhaps the best that can be said to them are the words that introduce the film *The Song of Bernadette*: "For those who believe in God, no explanation is necessary. For those who do not believe, no explanation is possible."

Our **Lady of Lourdes** is the **Patron Saint of:**
Relief from Physical Ills

<https://www.franciscanmedia.org>



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Gerri Torres
Real Estate Professional
604.761.3464



Peter Tolentino
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778 239 2666
peter@ptolentinoirealty.ca
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Darly Capellan
Insurance Advisor

Suite 460, 628 - 6th Ave.
New Westminster, B.C.
V3M 6Z1

Business: 604-515-0770
Facsimile: 604-515-0710

Cellular: 778-998-2086
Residence: 604-528-3855

darly.capellan@fddfinancial.com



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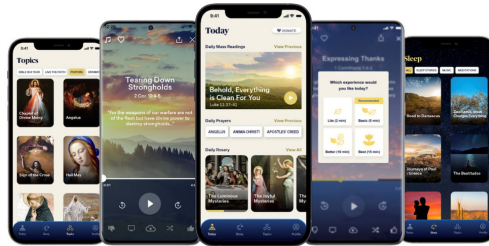
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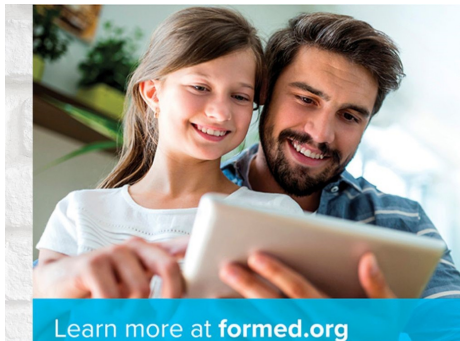
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BLESSED JOSEPH ALLAMANO COUNCIL #11359
Knights of Columbus
Kofc11359@gmail.com

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604-812-7097

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Elizabeth Morales Pagtakhan BA
Real Estate Consultant/ Mortgage Specialist
elizabeth@elizabethmp.com
www.grandcentralrealty.com



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<https://holyspiritnewwest.ca>

PHONE: 604-521-0334 Fax: 604-521-9518

email: parish.hs@rcav.org