



HOLY SPIRIT PARISH

244 Lawrence Street, New Westminster, BC. V3M 5L1
<https://holyspiritnewwest.ca> email: parish.hs@rcav.org

PHONE: 604-521-0334
PASTOR - REV. JOAQUIM DIAS



Fifth Sunday of Lent, Year B, 17th March 2024

'I will write my Law on their hearts'

As Lent draws to a close, each Spring day is gradually suffused with increasing light. All around us, nature is waking up from the long darkness of winter. This Sunday's readings encourage us to stir from our own darkness and turn towards growth and transformation out of pain and suffering.

The prophet Jeremiah makes a great proclamation: 'See, the days are coming ... when I will make a new covenant with the House of Israel'. God's eternal covenant of love and forgiveness is written deep within our hearts **(First Reading)**.

It is because of this same promise, that Christ became human to share with us in our suffering, forever praying for us and with us **(Second Reading)**. In Christ, all suffering and death are transfigured into growth and new life through his resurrection. This Sunday's Psalm would have been familiar to Jesus as he prayed for us during his time on earth, earnestly encouraging us to turn from our sinful ways towards God's love and compassion.

In the **Gospel**, Jesus speaks of the personal suffering and death that he will soon be facing. He knows that he could ask his Father to save him from this fate, but instead he willingly makes a choice that leads to our salvation. Jesus invites us to follow his way of living. It is not an easy path to travel, but Christ is always with us, helping and sustaining us.

Let us pray for each other that through God's infinite grace, we will remain true to the law of love that is written deep within us.

stbeunosoutreach.wordpress.com

MASS TIMES

Weekend Mass

Saturday 9 am & 5 pm
Sunday 9 am & 11 am

Weekday Mass

Monday, Wednesday
& Thursday - 9 am
Tuesday & Friday - 7 pm

Sacrament Of Confession

Saturday 9.30 am - 10am
4 pm - 4.30 pm
or by appointment

PARISH OFFICE HOURS

Tuesday To Friday

10:00am - 4.30pm
Lunch Break 12pm - 1pm

Saturday

10.00am - 12:00 noon

Office is closed on
Monday



In his intention for February 2024, Pope Francis prays:
FOR THE MARTYRS OF OUR DAY, WITNESSES TO CHRIST - MARCH 2024

We pray that those who risk their lives for the Gospel in various parts of the world inflame the Church with their courage and missionary enthusiasm.

Parish Ministries, Organization & Services

Altar Servers Ministry

Be The Light Ministry

Coordinator: Noli Pangilinan

Catechetical Ministry

PREP Winnie Bernardo

Catholic Women's League

President : Cecile Cartago

Knights Of Columbus

Robert Yang

Legion Of Mary

Fidel Carolino

Ministry Of Hospitality

Coordinator: Jose Cruz

Ministry Of Lectors

Coordinator: Armando Cordova

Music Ministry

Dr. Audrey Zylmans
Ana Marie Avendano
Noreen Nicolas

Project Advance Team

Art & Violet Tonido
Jun & Liezel Javier

Building Committee

Theo Vanden Hoven

Fund Raising Committee

Ruth & Jeric Alvarez

SACRAMENTAL LIFE OF THE PARISH

BAPTISM: Call the parish office to register for the Baptism Preparation Course. This is for parents and godparents. It is held every 1st Saturday of the month from 1pm to 3pm. Baptism is every 3rd Sunday of the month at 1pm

MARRIAGE: Arrangements are to be made through the pastor at least six months prior to your wedding date. A marriage preparation course is a requirement of the Archdiocese. Secure a spot at all Marriage Prep courses. Go to registration webpage: <http://rcav.org/m-prep/>

CONVALIDATION: If your marriage was not celebrated as a Sacrament and you wish your marriage to be recognized by the Church, then call the parish office to make an appointment to see **Fr. Jack**

ANointing OF THE SICK : Call the parish office to request a hospital visit or for communion to the sick at home.

FUNERALS: Please contact the office before making any arrangements with the Funeral Home.

MASS INTENTIONS: Did you know, Catholics can "offer" Mass?

We do so for multiple reasons such as thanksgiving, for another person/s such as a birthday, graduation or wedding anniversary or as is most common, for the repose(peace) of the soul of someone who has died. Mass Offering envelopes are available at the back of the Church

Parish Events

1. Stations of the Cross.

Stations of the Cross will be held **every Friday in Lent at 6:30pm**, followed immediately by the Holy Mass at 7:00pm.

2. Parish Lenten Penitential Service

The Parish Lenten Penitential Service will be held on **Tuesday, 19th March, at 7:00pm**. There will be **Rosary at 6:00pm** and **Holy Mass at 6:30pm** beforehand.

All Grade 7 students are expected to participate and have a **confession with Father Jack** that evening.

3. Catechetical Ministry

As we approach the upcoming **Spring break for our PREP classes**, please be informed of some important dates and events:

Spring Break: March 18th to March 31st

Classes Resume: Wednesday classes resume on April 3rd

Sunday classes resume on April 7th

4. Knights of Columbus Pancake/Tapsilog Breakfast.

The monthly Knights of Columbus pancake/tapsilog breakfast will be held on **Sunday, 24th March, 2024**, in the Parish Centre after the 9:00am and 11:00am Masses. A take away option is offered for your convenience.

5. Any ministries, committees or groups that would like to have their meetings or events announced in the bulletin, please let **Father Jack** know the time and date at least **two weeks ahead of time**, to allow for two publications of them.

Holy Week 2024 Schedule

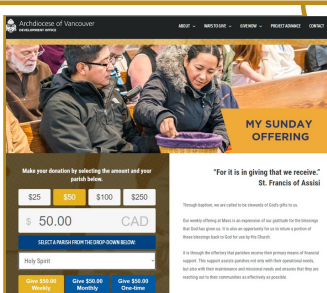
- Lenten Penitential Confession – March 19 at 7 pm
- Palm Sunday – March 24 Mass at 9 am & 11 am
- Holy Thursday – March 28 Mass at 7 pm
- Good Friday – March 29 Service at 3 pm
- Holy Saturday – March 30 Vigil at 9 pm
- Easter Sunday – March 31 Mass at 9 am & 11am



Your gift to Project Advance will grow your parish and expand the reach of Christ's love to those who need it most.

#ProjectAdvance

Give online projectadvance.ca



You can make an online offering using your credit card or set up automatic weekly or monthly donations

Please visit our website:
holyspiritnewwest.ca



Growth through Sacrifice



Growth through Sacrifice

We grow as persons by giving to others—by loving others—which always requires a free decision to give up something for someone else. Look into history. Abraham Lincoln made many personal sacrifices and faced much criticism because he was determined to make us one nation. In our own experience, isn't it that self-sacrificing mom or dad we most admire? Their decision to sacrifice for their family or others has made them into truly great people who inspire us every day to become more giving and loving people.

We grow as persons each time we make even a small self-sacrifice in giving to another, in loving another. And then we begin to experience a most surprising by-product—inner peace.

from the book *Three Minutes with God: Reflections to Inspire, Encourage, and Motivate* by:
Monsignor Frank Bognanno

<https://www.franciscanmedia.org/>

Saints for March

Saints Perpetua and Felicity's Story



"When my father in his affection for me was trying to turn me from my purpose by arguments and thus weaken my faith, I said to him, 'Do you see this vessel—water pot or whatever it may be? Can it be called by any other name than what it is?' 'No,' he replied. 'So also I cannot call myself by any other name than what I am—a Christian.'"

So writes Perpetua: young, beautiful, well-educated, a noblewoman of Carthage in North Africa, mother of an infant son and chronicler of the persecution of the Christians by Emperor Septimius Severus.

Perpetua's mother was a Christian and her father a pagan. He continually pleaded with her to deny her faith. She refused and was imprisoned at 22.

In her diary, Perpetua describes her period of captivity: "What a day of horror! Terrible heat, owing to the crowds! Rough treatment by the soldiers! To crown all, I was tormented with anxiety for my baby.... Such anxieties I suffered for many days, but I obtained leave for my baby to remain in the prison with me, and being relieved of my trouble and anxiety for him, I at once recovered my health, and my prison became a palace to me and I would rather have been there than anywhere else."

Despite threats of persecution and death, Perpetua, Felicity—a slavewoman and expectant mother—and three companions, Revocatus, Secundulus and Saturninus, refused to renounce their Christian faith.

For their unwillingness, all were sent to the public games in the amphitheater. There Perpetua and Felicity were beheaded, and the others killed by beasts.

Felicity gave birth to a daughter a few days before the games commenced.

Perpetua's record of her trial and imprisonment ends the day before the games. "Of what was done in the games themselves, let him write who will." The diary was finished by an eyewitness.


<https://www.franciscanmedia.org/>

THE SEVEN GIFTS of the Holy Spirit

Wisdom
Understanding
Counsel (Right Judgement)
Fortitude (Courage)
Knowledge
Piety (Reverence)
Fear of the Lord (Wonder & Awe)

©2016 www.CatholicPrayerCards.org 1-888-244-2788 email: orders@CatholicPrayerCards.org Card #596





15 PROMISES OF MARY

to those who faithfully recite the

HOLY ROSARY

1. Reception of signal graces.
2. Protection and the greatest graces
3. Powerful armor against hell, vice, sin and heresies
4. Sanctification of souls
5. The soul shall not perish
6. Obtain eternal life
7. Shall not die without the sacraments
8. Light of God and the plenitude of his graces
9. Deliverance from purgatory
10. High degree of glory in heaven
11. Obtain all asked by the recitation of the rosary
12. Aid for all necessities to those who propagate the rosary
13. Intercession of the entire celestial court in life and in death
14. Adoption to the family of Mary and Jesus
15. Devotion is a great sign of predestination

Mission



Holy Spirit Parish is a community demonstrating that God is known and loved through living and proclaiming the Gospel of Jesus Christ taught by the Roman Catholic Church through Word, sacrament and service with certain hope that all who repent and believe will have eternal life

Vision

1. We see a parish that is diverse, Spirit-filled and vibrant, joyously worshipping together.
2. We see a parish generously caring for each other with our time, treasure and talents.
3. We see a parish with relevant, active and well-led ministries that are mission-oriented.
4. We see a new parish hall built in the next 3-5 years that serves as a gathering space for parishioners to learn, connect, grow and celebrate our faith.



Place your AD's here for only \$150 for minimum 6 months or \$275 for 12 months
get a digital business card free (only 15 Slots available)

<https://holyspiritnewwest.ca> email: parish.hs@rcav.org

PHONE: 604-521-0334



Bus: 778-297-3000
Fax: 604-677-5629
Email: gerritorres@gmail.com

Gerri Torres
Real Estate Professional
604.761.3464



Peter Tolentino
Personal Real Estate Corporation

778 239 2666
peter@ptolentinorealty.ca
www.ptolentinorealty.ca



GINA BACTOL

Mortgage Advisor
604.719.4765
www.mortgagearchitects.ca/GinaBactol
gina.bactol@mtgarc.ca



Columbus Homes

Affordable homes for seniors in Greater Vancouver

For information call:
604-250-6444

www.colchar.org

Your story continues at Columbus Homes...



"Financial Independence For Everyone...
No Family Left Behind"



Evangeline Pagsanhan
MARKETING DIRECTOR



778 868 2780
epagsanhan01kzc@wfgmail.ca
<https://agents.wfgcanada.ca/evangeline-pagsanhan>
2025 Willingdon Ave. Unit 000, Burnaby, BC V5C 0J3



Darly Capellan
Insurance Advisor

Suite 460, 628 - 6th Ave.
New Westminster, B.C.
V3M 6Z1

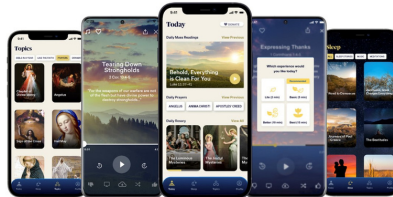
Business: 604-515-0770
Facsimile: 604-515-0710

Cellular: 778-998-2086
Residence: 604-528-3855

darly.capellan@fddfinancial.com



SERVICE ABOVE ALL



Amen
THE FREE CATHOLIC PRAYER APP

RANDY'S SALON
Professional Hair Styling Services

RANDY
Barber



JANET
Stylist

Tel : (604) 520-0479 | Cell: (604) 767-7283
Instagram : @randys_salon

#155 - 23233 GILLEY ROAD, RICHMOND, BC V6V 1E6



We are Here to Help
Pre-Planning



Kearney
FUNERAL SERVICES



Mike Garisto
m.garisto@kearneyfs.com
604-312-9799



Ethelyn David
ethelyn.d@kearneyfs.com
604-889-3842

Pre-Planning allows you to
make carefully-considered,
pressure-free decisions that
are the right choices for
you and your family.

Helping • Caring • Planning

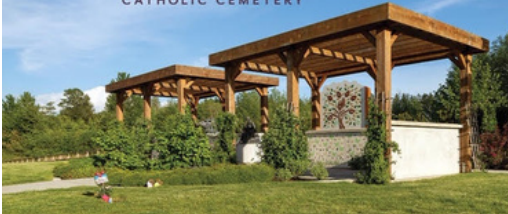
Vancouver 604 736 0268 • New Westminster 604 521 4881 • Burnaby 604 299 6889 • Cloverdale 604 574 2603



www.KearneyFS.com

GARDENS OF
Gethsemani
CATHOLIC CEMETERY

604-531-2141
rccav.org
Surrey, BC



Nery Santos
Tax Preparation

604 219 7046
nerysan@hotmail.com
3260 Williams Rd. Richmond BC V7E 1J1



**Knights of
Columbus**

BLESSED JOSEPH ALLAMANO COUNCIL #11359
Knights of Columbus
Kofc11359@gmail.com

Learn More & Join Online
<https://www.kofc.org/learn/learn-join-the-knights.html>



604-812-7097

Thank you for your referrals

Elizabeth Morales Pagtakhan BA
Real Estate Consultant/ Mortgage Specialist
elizabeth@elizabethmp.com
www.grandcentralrealty.com



<https://holyspiritnewwest.ca>

PHONE: 604-521-0334 Fax: 604-521-9518

email: parish.hs@rcav.org